



# YOUR SAFETY IS OUR TOP PRIORITY

Best Practices to Preventing the Spread of  
COVID-19 in your Home & Community.



## SAFE LAUNDRY PRACTICES

### Wash Laundry Immediately

Immediately remove and wash clothes or bedding that have blood, stool, or body fluids on them.

### Wear Disposable Gloves

Wear disposable gloves while handling soiled items and keep soiled items away from your body. Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after removing your gloves. If no gloves are used when handling dirty laundry, be sure to wash hands afterwards.

### Read & Follow Label Directions

Read & follow directions on labels of laundry or clothing items and detergent. In general, using a normal laundry detergent according to washing machine instructions and dry thoroughly using the warmest temperatures recommended on the clothing label.

### Do Not Shake Dirty Laundry

If possible, do not shake dirty laundry. This will minimize the possibility of dispersing virus through the air.

### Use Warm Water When Appropriate

Launder items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completely. Dirty laundry from an ill person can be washed with other people's items.

### Clean & Disinfect Clothes Hampers

Clean and disinfect clothes hampers according to guidance for surfaces. If possible, consider placing a bag liner that is either disposable (can be thrown away) or can be laundered.

## CLEANING & DISINFECTING

### Wear Disposable Gloves

Wear disposable gloves when cleaning and disinfecting surfaces. Gloves should be discarded after each cleaning. If reusable gloves are used, those gloves should be dedicated for cleaning and disinfection of surfaces for COVID-19 and should not be used for other purposes. Consult the manufacturer's instructions for cleaning and disinfection products used. **Clean hands immediately after gloves are removed.**

### Clean & Disinfect Surfaces

If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection. For disinfection, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective. Diluted household bleach solutions can be used if appropriate for the surface.

### Soft (Porous) Surfaces

For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces.

### Follow Manufacturer's Instructions

Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Visit the CDC website for a list of disinfectants that meet the EPA's criteria for use against the COVID-19 virus.

### Launder Items After Cleaning

After cleaning, launder items as appropriate in accordance with the manufacturer's instructions. Launder items using the warmest appropriate water setting for the items & dry items completely.

## Stay Safe & Healthy as We All Get Through this Together.

To learn about the steps we are taking in response to COVID-19, please visit our website at [CSCSW.com](https://www.cscsw.com).

Source: Center for Disease Control (CDC)

